

## Ways to be engaged

1. Contact Christians for Prisoners to join, assist or start a LCS group.
2. Offer training and education opportunities in areas pertaining to:
  - Life-skills
  - Leadership
  - Mentorship
  - Entrepreneurship
  - Crime prevention
  - Restorative Justice
  - Victims of crime
  - Community building
  - Re-entry
  - Dispute resolution
3. Ask to receive updates on upcoming activities and events.
4. Receive training to be an effective mentor and or to assist with reentry initiatives.
5. Become involved with Reentry and Restorative Justice programs.

## Where can LCS be used?

L.C.S. is adaptable to any environment but is especially helpful for those in

- Juvenile Detention Centers
- Jails
- Prisons
- Reentry programs

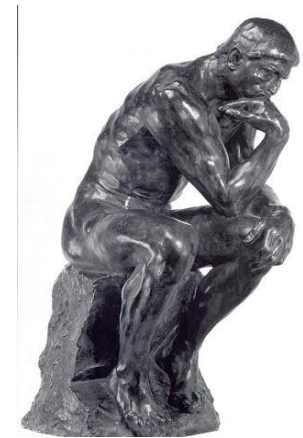
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Christians for Prisoners & Prisoners for Christ



with support from



# LIFE CHANGE Seminar



“Ponder the path of your feet,  
and let all your ways be established.”  
Proverbs 4:26

LIFE CHANGE FROM THE INSIDE OUT  
for Past and Present Prisoners  
.....for their Future

For more information contact:

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## What is Life Change Seminar?

Life Change Seminar (LCS) is a positive peer culture (PPC) program that encourages new thinking, creative expression and commitment to personal growth in those whose lives have been impacted by crime and punishment.

**THE MISSION:** The mission of LCS is to guide and promote the (re)habilitation of participants by helping them organize, manage and assess the risks and responsibilities of life.

**THE VISION:** LCS transforms prison culture and the captive mindset by:

- ◆ Introducing PPC and Restorative Justice practices
- ◆ Promoting education and creative expression
- ◆ Focusing on discovering, pursuing and fulfilling purpose in life

## How will the LCS Mission and Vision be accomplished?

LCS is developing a network of individuals and organizations to train and support those in prisons and on parole who have committed to personal life change and the good of the community.

There are 3 dimensions to LCS: Project Development, REAL Community and Core Study Group.

# Dimensions of Life Change Seminar

1

## Project Development (new thinking)

Peers are given opportunities to explore resources and materials pertaining to Life-skills, Leadership and Mentorship through guest presentations from community leaders:

- ◆ **LIFE-SKILLS:** introducing the priority ladder of Faith, Family, Future, Finances and Friends will help people structure their morals and values.
- ◆ **LEADERSHIP:** An emphasis is placed on understanding the necessity of society's standards, how leaders are those who ensure the safety and success of the community by upholding its standards.
- ◆ **MENTORSHIP:** Positive role models will prepare candidates to serve the community as a group and as peer-to-peer mentors.

2

## REAL Community (creative expression)

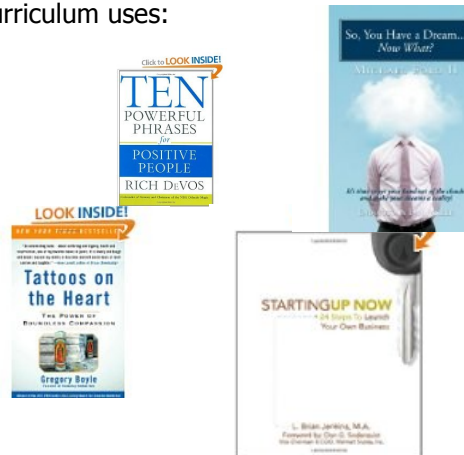
Workshops offer peers the tools to Recognize, Explore, Apply and Live (REAL) their dreams and goals.

- ◆ **RECOGNIZE** the needs of others in the community in relation to their own real life experience.
- ◆ **EXPLORE** various ways to meet the needs of others and develop a realistic plan of action.
- ◆ **APPLY** their plan of action by putting it to work in the community.
- ◆ **LIVE** their dreams and goals right where they are until it becomes a reality in their community.

3

## Core Study Group (personal growth commitment)

Peers meet weekly to discuss ideas and insights gained through the LCS Literacy Project. The Core Study Group Curriculum uses:



Through the Core Study Group LCS recommends a mentoring format which encourages peers to meet daily to:

**Express** concerns, feelings and joys

**Explore** ways to make positive and constructive decisions

**Equip** each other for successful living

E3